

# MY CORE VALUES

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To The Mission



Good Shepherd  
#FORFARGOMOORHEAD

Circle the top 30 values that resonate with you the most from this list:

Family	Balance	Rest	Independence
Creativity	Happiness	Joy	Inclusiveness
Communication	Risk-Taking	Power	Accuracy
Achievement	Imagination	Frugality	Altruism
Competition	Intelligence	Loyalty	Calmness
Self-Confidence	Integrity	Bravery	Nature
Stability	Originality	Patience	Unity
Education	Growth	Financial Security	Diligence
Tradition	Peace	Adventure	Authenticity
Friendship	Physical Fitness	Playfulness	Challenge
Service	Collaboration	Assertiveness	Recognition
Responsibility	Self-Awareness	Excellence	Security
Perseverance	Wisdom	Generosity	Self-Respect
Consistency	Fairness	Well-being	Moderation
Kindness	Justice	Honesty	Contribution
Humor	Conservation	Acceptance	Preparedness
Freedom	Community	Sustainability	Versatility
Confidence	Love	Patriotism	Grace
Diversity	Passion	Efficiency	Innovation
Resilience	Confidence	Courage	Listening
Simplicity	Positive Mindset	Respect	
Faith	Open-Mindedness	Commitment	

From the top 30,  
choose your top 10:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

From the top 10, choose your top 5:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

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## NAMING YOUR VALUES

### *Being Intentional vs. Having Good Intentions*

1. Look through this list of values. Add any value words that you think are missing.
2. Circle the words from the list that answer this question: "When I make decisions \_\_\_\_\_ is important to me."
3. Then write down 10 of the value words that are most important to you when making a decision.
4. Choose your top 5 value words.

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## NEXT STEPS

### *We Support What We Value*

1. Ask your partner, a trusted friend, or a mentor to do the exercise with you. Share with each other your top values.
2. There is usually a story or a time of struggle behind each value. Share the story behind the values you chose.
3. **Pray about this list.** God wants to influence your values. Ask God to show you where there are gaps between what you SAY and how you LIVE that value.
4. If you want to share with us, send an email to [GoodShep@ktgs.org](mailto:GoodShep@ktgs.org) or direct message us on Facebook or Instagram (@gsMoorhead).

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