



KINDNESS BINGO

Tag #kindschooling to help inspire others!

Doodle with Mo Willems at 1 pm Eastern on YouTube! Give picture to a loved one!

Surprise family members by posting sweet notes on the bathroom mirror

Perform a virtual concert (sing, dance or play music) for a loved one

Make dinner as a family - try a new recipe!

Give yourself some love and turn on some Cosmic Kids Yoga on YouTube!

Leave a thank you note for your mail delivery driver

Host a family game night

Help with yardwork by pulling weeds and planting flowers

Read a book to a family member

Invite friends to a virtual "lunch date" or "tea party"

Make it a "No Complaining" Day

Chalk cheery messages on your driveway or decorate a poster for your door



Pick up litter in your community

Clean out and donate old clothes, books, toys, etc.

Take an after-dinner walk

Mail sweet notes/drawings to a local nursing home

Host a family picnic

Leave sweet notes in neighbors' mailboxes

Put a basket of bottled waters and snacks on your front porch for package delivery drivers

Gather your family together for a little story time in space! Visit StoryTime FromSpace.com

Start a family gratitude journal

Make someone smile by drawing a happy face and posting it in a window

Host a family movie night - pj's required!

Learn about how the Owl shows compassion to her babies in this live feed @ wbu.com